

2579 E17th St Suite 11, Brooklyn, NY 11235 (718) 382-3444 www.LuxDen.com

### **Permanent Crowns**

Now that we have placed your <u>permanent crown</u>, it's important to follow these recommendations to ensure its success.

# Chewing and Eating

If we used an anesthetic during the procedure, avoid chewing until the numbness completely wears off. To protect your crown, avoid chewing ice or other hard objects.

# Brushing and Flossing

Brush and floss normally, but if your teeth are sensitive to hot, cold or pressure, you can use a desensitizing toothpaste. If sensitivity increases or persists beyond a few days, call us!

# · Medication and discomfort

Take medication only as directed by our doctors. To reduce any discomfort and swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

## · When to call us

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.







