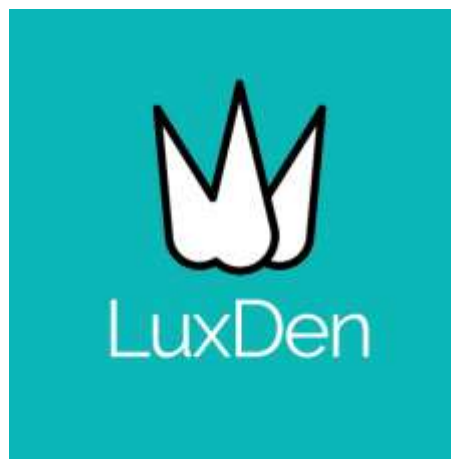




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Extractions - After Care

Place cold towel or an ice bag to your face for the first 6-8 hours. Leave it on 5 minutes, then off for 15 minutes.

Do not rinse mouth until the following day.

On the morning following surgery, do not rinse, apply warm salt water (1/2 teaspoon salt to a glass of warm water). Repeat this several times daily.

Keep fingers and tongue away from socket.

- Bleeding

Bleeding is normal for the saliva to be slightly streaked with blood for about 1-2 days. If abnormal bleeding occurs, place a piece of moist gauze over extraction site and bite down for 30-45 minutes.

Following dental surgery it is normal to experience some discomfort. If medication has been prescribed, take as instructed.

- Swelling & Stiffness

Both of these are normal and should not cause alarm. Apply cold towel or ice bag for 15 minutes of each hour as needed.

- Diet

A liquid or soft diet is advisable during the first 24 hours. Drink lots of fluids. Call us right away if unusual symptoms develop or if you have any questions about your procedure.

